



## Head Lice Advice for Parents

### **Head Lice: What You Need to Know**

Head lice are tiny insects that live on the scalp and hair. They are common among children and are not a sign of poor hygiene.

### **Once a Week, Take a Peek**

Check your child's hair weekly using a fine-toothed detection comb. Look for live lice and eggs (nits), especially behind the ears and at the nape of the neck.

### **Treat Only If You Find Live Lice**

Use a recommended treatment such as wet combing or a non-pesticide lotion. Follow the instructions carefully and repeat treatment as needed.

### **Complete the Process**

Continue checking and combing every few days for at least two weeks to ensure all lice are removed. Inform close contacts so they can check too.

### **School Attendance**

Children do not need to stay off school if they have head lice. Prompt treatment helps prevent spread.

### **Head Lice: Find out More**

[Head lice and nits - NHS](#)

If you need help with treating head lice please talk to the School Office or Mrs Cope in confidence. We can also contact the School Nurse for you if you have worries about repeated head lice.