

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	My happy mind- Meet your brain <u>Trips –</u> <u>Visitors-</u> School nurse Lessons- Manage their own needs: • Personal hygiene. • Know and talk about the different factors that support their overall health and wellbeing: • Regular physical activity <u>British value- Democracy (Pupil voice and decision making)</u> • Vote for a storybook or snack.	My happy mind- Celebrate <u>Trips</u> <u>Visitors-</u> Dentist Lessons- Manage their own needs: Personal hygiene. Know and talk about the different factors that support their overall health and wellbeing: • Toothbrushing • Sensible amounts of screen time <u>British value- Rule of Law (Understanding rules and responsibilities)</u> • Establish classroom rules with visual prompts	My happy mind- Appreciate <u>Trips-</u> <u>Visitors-</u> Lessons- Manage their own needs: Personal hygiene. Know and talk about the different factors that support their overall health and wellbeing: • Having a good sleep routine <u>British value- Individual Liberty (Choices and personal identity)</u> • “All about me” activities- choosing favourite colours, foods and activities.	My happy mind- Relate <u>Trips -</u> <u>Visitors-</u> Emma Lessons- Manage their own needs: Personal hygiene. Know and talk about the different factors that support their overall health and wellbeing: • Healthy Eating <u>British value- Mutual respect (Relationships and Teamwork)</u> • Circle time stories on kindness.	My happy mind- Engage <u>Trips-</u> Walk around Radcliffe town centre <u>Visitors-</u> Lollipop man/woman Lessons - Keeping safe Pol ed resources <u>British value- Tolerance (Faiths, Cultures and differences.)</u> • Celebrate a festival (e.g. Eid, Diwali, Hanukkah) with crafts or food tasting.	My happy mind- Relationships- Pol ed resources <u>Trips – Walk focusing on crossing roads safely</u> <u>Visitors – Police</u> Lessons- Understanding the law. Pol ed resources <u>British value – Reflection and Responsibility</u> • Reflection Circle: “What did I learn this year about being kind and fair?”

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Year 1	My happy mind- Meet your brain Trips Visitors – School nurse Lessons – Health and wellbeing - Simple hygiene routines that can stop germs from spreading. How to keep safe in the sun and protect skin from sun damage. Discover ed resource British value- Democracy (Pupil voice and decision making) Vote for a class reward or golden time activity.	My happy mind- Celebrate Trips – Walk around Radcliffe town centre Visitors Police/Doctor/Fire Lessons – Keeping safe Ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely. About the people whose job it is to help keep us safe Pol ed resources British value- Rule of Law (Understanding rules and responsibilities) Read a story linked to consequences of breaking rules.	My happy mind- Appreciate Trips Visitors – Police- PANTS RULE NSPCC Lessons – Safer relationships How to respond if physical contact makes them feel uncomfortable or unsafe. British value- Individual Liberty (Choices and personal identity) “I choose to.....” writing/drawing activity about making daily choices.	My happy mind- Relate Trips Visitors Lessons – Living in the wider world. Understanding the law- Pol ed resources British value- Mutual respect (Relationships and Teamwork) Friendship bracelets or cards for children in class; talk about what makes a good friend.	My happy mind- Engage Trips Visitors- Professionals Lessons- Economic wellbeing- aspirations, work, career That jobs help people to earn money to pay for things. British value- Tolerance (Faiths, Cultures and differences. Explore different family traditions and faiths through story time.	My happy mind- Relationships- Pol ed resources Trips Visitors Lessons- Ourselves growing and changing Preparing to move to a new class/year group British value – Reflection and Responsibility Create a “My school values” booklet to take home.

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Year 2	My happy mind- Meet your brain Trips Visitors – School nurse/ Doctor Lessons- Health and wellbeing- medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy. About the people who help us to stay physically healthy. British value- Democracy (Pupil voice and decision making) Class vote for a new class monitor or helper roles.	My happy mind- Celebrate Trips Visitors- School nurse Lessons-Ourselfs growing and changing. To name the main parts of the body including external genitalia. British value- Rule of Law (Understanding rules and responsibilities) Design a classroom charter and link rules to fairness and security.	My happy mind- Appreciate Trips- Walk around Radcliffe Visitors- Police Lessons-- Keeping safe Ways to keep safe in familiar and unfamiliar environments. About the people whose job it is to help keep us safe About what to do if there is an accident and someone is hurt. How to get help in an emergency (how to dial 999 and what to say). Keeping safe Pol ed British value- Individual Liberty (Choices and personal identity) Journals: “I am good at....”. My goals this term...”	My happy mind- Relate Trips Visitors Lessons- Drugs, alcohol and tobacco about things that people can put into their body or on their skin; how these can affect how people feel. British value- Mutual respect (Relationships and Teamwork) Compliments activity.	My happy mind- Engage Trips Visitors PANTS Rule Lessons- Safer relationships about how to respond if physical contact makes them feel uncomfortable or unsafe. British value- Tolerance (Faiths, Cultures and differences. Invite a parent/visitor to share a cultural tradition or celebration.	My happy mind- Relationships- Pol ed resources Trips Visitors - Parents Lessons – Understanding the law Pol ed Communities about the different roles and responsibilities people have in their community British value – Reflection and Responsibility Values treasure hunt- find examples of British values in classroom/school.

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Year 3	My happy mind- Meet your brain <u>Trips</u> <u>Visitors - Dentist</u> <u>Lessons- Health and wellbeing</u> How to maintain good oral hygiene (including correct brushing and flossing); why regular visits to the dentist are essential; the impact of lifestyle choices on dental care (e.g. sugar consumption/acidic drinks such as fruit juices, smoothies and fruit teas; the effects of smoking). About the benefits of sun exposure and risks of overexposure; how to keep safe from sun damage and sun/heat stroke and reduce the risk of skin cancer. <u>British value- Democracy (Pupil voice and decision making)</u> Vote on a class rule or topic; discuss fairness in decisions.	My happy mind- Celebrate <u>Trips</u> <u>Visitors – School nurse</u> <u>Lessons -Ourselves growing and changing</u> About where to get more information, help and advice about growing and changing, especially about puberty. <u>British value- Rule of Law (Understanding rules and responsibilities)</u> Explore rules through sports- how do rules help games work?	My happy mind- Appreciate <u>Trips</u> <u>Visitors- Police officer</u> <u>Lessons-Keeping safe</u> About what is meant by first aid; basic techniques for dealing with common injuries How to respond and react in an emergency situation; how to identify situations that may require the emergency services; know how to contact them and what to say. Pol ed <u>British value- Individual Liberty (Choices and personal identity)</u> Discuss examples of making good choices and how to express opinions respectfully	My happy mind- Relate <u>Trips</u> <u>Visitors – Parents, community</u> <u>Lessons- Communities</u> To value the different contributions that people and groups make to the community. <u>British value- Mutual respect (Relationships and Teamwork)</u> Team building games focused on cooperation.	My happy mind- Engage <u>Trips</u> <u>Visitors</u> <u>Lessons – Understanding the law.</u> Pol ed <u>British value- Tolerance (Faiths, Cultures and differences.</u> Learn about different places of worship.	My happy mind- Relationships- Pol ed resources <u>Trips</u> <u>Visitors</u> <u>Lessons- Economic wellbeing, aspirations, work, career</u> That there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life. About the different ways to pay for things and the choices people have about this. To identify the ways that money can impact on people's feelings and emotions. <u>British value – Reflection and Responsibility</u> Create a display or class book- “What British values mean to me.

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Year 4	My happy mind- Meet your brain Trips Visitors Lessons- Health and wellbeing That bacteria and viruses can affect health; how everyday hygiene routines can limit the spread of infection; the wider importance of personal hygiene and how to maintain it British value- Democracy (Pupil voice and decision making) Mock debate on a fun issue (e.g. best topping on a pizza) followed by a class vote.	My happy mind- Celebrate Trips Visitors- School nurse Lessons- Ourselves growing and changing. About how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene. British value- Rule of Law (Understanding rules and responsibilities) Role play- classroom court, what happens if rules are broken?	My happy mind- Appreciate Trips- Greater Manchester Fire and Rescue Visitors Lessons- Keeping safe About hazards (including fire risks) that may cause harm, injury or risk in the home and what they can do to reduce risks and keep safe. Strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about. Pol ed resources British value- Individual Liberty (Choices and personal identity) Explore responsibility through scenarios (e.g. making healthy or kind choices).	My happy mind- Relate Trips – Police station Visitors - Police Lessons- Keeping safe How to respond and react in an emergency situation; how to identify situations that may require the emergency services; know how to contact them and what to say. Pol ed resources British value- Mutual respect (Relationships and Teamwork) Write “respect acrostic poems” for display.	My happy mind- Engage Trips Visitors Lessons-Safe relationships To recognise and model respectful behaviour online. British value- Tolerance (Faiths, Cultures and differences). Create a cultural “passport”- facts about different countries and religions.	My happy mind- Relationships- Pol ed resources Trips Visitors –Visitors from different faiths and backgrounds. Lessons-Understanding the law / Communities About diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities. Pol ed resources British value – Reflection and Responsibility Letter to future self: “How will I show respect and fairness in Year 5”

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Year 5	My happy mind- Meet your brain Trips Visitors – Dentist Lessons- Health and wellbeing How to maintain good oral hygiene (including correct brushing and flossing); why regular visits to the dentist are essential; the impact of lifestyle choices on dental care (e.g. sugar consumption/acidic drinks such as fruit juices, smoothies and fruit teas; the effects of smoking). British value- Democracy (Pupil voice and decision making) School council elections	My happy mind- Celebrate Trips Visitors – School nurses Lessons – Ourselves growing and changing About how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene British value- Rule of Law (Understanding rules and responsibilities) Investigate real-world laws e.g (traffic rules) and why they're important.	My happy mind- Appreciate Trips Visitors Lessons – Keeping safe About the importance of taking medicines correctly and using household products safely, (e.g. following instructions carefully). Pol ed resources British value- Individual Liberty (Choices and personal identity) Explore and discuss children's rights.	My happy mind- Relate Trips Visitors Lessons-Safer relationships Where to get advice and report concerns if worried about their own or someone else's personal safety (including online) British value- Mutual respect (Relationships and Teamwork) Class project (e.g. litter pick, buddy bench) to promote school/ community pride.	My happy mind- Engage Trips Visitors – Volunteers from the community who have contributed positively. Lessons- Understanding the law/ Communities To value the different contributions that people and groups make to the community. Pol ed resources British value- Tolerance (Faiths, Cultures and differences.) Design posters promoting inclusion and respect for others.	My happy mind- Relationships- Pol ed resources Trips Visitors – Reverend Adele Lessons – Economic wellbeing (Money) About the different ways to pay for things and the choices people have about this. To identify the ways that money can impact on people's feelings and emotions To recognise that people have different attitudes towards saving and spending money; what influences people's decisions; what makes something 'good value for money'. That people's spending decisions can affect others and the environment (e.g. Fair trade, buying single-use plastics, or giving to charity). To recognise that people make spending decisions based on priorities, needs and wants. Different ways to keep track of money. About risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe. About the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations. To identify the ways that money can impact on people's feelings and emotions British value – Reflection and Responsibility Plan and deliver in groups a presentation on one of the British values.

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Year 6	My happy mind- Meet your brain Trips – Visitors Lessons – Health and wellbeing That bacteria and viruses can affect health; how everyday hygiene routines can limit the spread of infection; the wider importance of personal hygiene and how to maintain it. Understanding the law- pol ed resources British value- Democracy (Pupil voice and decision making) Create proposals to improve the school, pitch ideas to teachers and school council.	My happy mind- Celebrate Trips Visitors – Reverand Adele Lessons- Mental health About change and loss, including death, and how these can affect feelings; ways of expressing and managing grief and bereavement. British value- Rule of Law (Understanding rules and responsibilities) Research British legal history and compare to our school rules. What is different? What is similar?	My happy mind- Appreciate Trips Visitors School nurse Lessons- Ourselves growing and changing To identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction. About the new opportunities and responsibilities that increasing independence may bring. About the physical and emotional changes that happen when approaching and during puberty (including menstruation, key facts about the menstrual cycle and menstrual wellbeing. About the new opportunities and responsibilities that increasing independence may bring. British value- Individual Liberty (Choices and personal identity) Write a piece of work on their personal identity.	My happy mind- Relate Trips Visitors – Crucial crew/ FGM Visitor Lessons-Keeping safe About the importance of taking medicines correctly and using household products safely, (e.g. following instructions carefully). Strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about That female genital mutilation (FGM) is against British law, what to do and whom to tell if they think they or someone they know might be at risk Pol ed resources British value- Mutual respect (Relationships and Teamwork) Peer mediation training- resolving small disputes respectfully.	My happy mind- Engage Trips Visitors – Crucial crew Lessons- Drugs and alcohol About the risks and effects of legal drugs common to everyday life (e.g. cigarettes, e-cigarettes/vaping, alcohol and medicines) and their impact on health; recognise that drug use can become a habit which can be difficult to break. About the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns To recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others About why people choose to use or not use drugs (including nicotine, alcohol and medicines). About the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns About why people choose to use or not use drugs (including nicotine, alcohol and medicines). About the mixed messages in the media about drugs, including alcohol and smoking/vaping.	My happy mind- Relationships -Pol ed resources Trips Visitors – Reverand Adele Lessons – Economic wellbeing (Money) About the different ways to pay for things and the choices people have about this. To identify the ways that money can impact on people's feelings and emotions To recognise that people have different attitudes towards saving and spending money; what influences people's decisions; what makes something 'good value for money'. That people's spending decisions can affect others and the environment (e.g. Fair trade, buying single-use plastics, or giving to charity). To recognise that people make spending decisions based on priorities, needs and wants. Different ways to keep track of money. About risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe. About the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations. About risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe.

					About the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns. <u>British value- Tolerance (Faiths, Cultures and differences.</u> • Cultural research project or class map showing everyone’s heritage and traditions.	About the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations. <u>British value – Reflection and Responsibility</u> • Leaver’s reflection- create a speech about values learnt.
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