

# PHSE Overview

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Relationships
Year 1	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Relationships
Year 2	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Relationships
Year 3	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Relationships
Year 4	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Relationships
Year 5	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Relationships
Year 6	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Relationships



As a school we follow MyHappyMind programme

<https://myhappymind.org/>