

## St. John's C.E. P.E. Overview

### Early Years

Year Group	Autumn		Spring		Summer	
	1	2	1	2	1	2
Nursery	Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Games: Unit 1	Ball Skills: Unit 1
Reception	Introduction to PE: Unit 2	Fundamentals: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Games: Unit 2	Ball Skills: Unit 2

Highlighted units are coach led sessions.

## Key Stage 1

Year	Autumn				Spring				Summer			
	1		2		1		2		1		2	
	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2
Year 1	Fundamentals	Gymnastics	Ball Skills	Gymnastics	Team Building	Sending & Receiving	Fitness	Dance	Invasion Games	Target Games	Athletics	Striking & Fielding Games
Year 2	Fundamentals	Gymnastics	Ball Skills	Gymnastics	Target Games	Sending & Receiving	Fitness	Dance	Invasion Games	Net & Wall Games	Athletics	Striking & Fielding Games

Highlighted units are coach led sessions

## Lower Key Stage 2

Year	Autumn				Spring				Summer			
	1		2		1		2		1		2	
	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2
Year 3	Fundamentals Y3/4	Outdoor Adventures Activities (OAA)	Ball Skills Y3/4	Gymnastics	Dodgeball	Gymnastics	Netball	Tennis	Football	Dance	Athletics	Rounders
Year 4	Fundamentals Y3/4	Outdoor Adventures Activities (OAA)	Basketball	Gymnastics	Dodgeball	Gymnastics	Fitness	Tennis	Handball	Dance	Athletics	Cricket

Highlighted units are coach led sessions.

## Upper Key Stage 2

Year	Autumn				Spring				Summer			
	1		2		1		2		1		2	
	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2
Year 5	Basketball	Outdoor Adventurous Activities (OAA)	Fitness	Badminton Y5/6	Dodgeball	Gymnastics	Tennis	Gymnastics	Football	Athletics	Cricket	Dance
Year 6	Netball	Outdoor Adventurous Activities (OAA)	Yoga	Volleyball Y5/6	Dodgeball	Gymnastics	Tennis	Hockey	Tag-Rugby	Athletics	Rounders	Dance

Highlighted units are coach led sessions.

## St. John's Extra Curricular Sports Clubs

<u>Term</u>	<u>Monday Club</u>		<u>Tuesday Club</u>		<u>Wednesday Club</u>		<u>Thursday Club</u>	
	<u>Lunch</u>	<u>After school</u>	<u>Lunch</u>	<u>After school</u>	<u>Lunch</u>	<u>After school</u>	<u>Lunch</u>	<u>After school</u>
Autumn 1		Netball Club Year 5 & 6 Miss Hall & Mrs. Chesters		Circuit Club Year 3 & 4 Mr. Thomas		Girls Football Year 5 & 6 Mrs. Campbell & Miss Karim	Boys Football Year 4, 5 & 6 Mr. Seale	Team Games Year 5 & 6
Autumn 2		Netball Club Year 5 & 6 Miss Hall & Mrs. Chesters		Circuit Club Year 5 & 6 Mr. Thomas		Girls Football Year 5 & 6 Mrs. Campbell & Miss Karim	Boys Football Year 4, 5 & 6 Mr. Seale	Fundamental Skills Year 1 & 2
Spring 1		Netball Club Year 5 & 6 Miss Hall & Mrs. Chesters		Basketball Year 4, 5 & 6 Mr. Thomas		Girls Football Year 5 & 6 Mrs. Campbell & Miss Karim	Games Club Year 3, 4, 5 & 6 Mr. Seale	Team Games Year 3 & 4
Spring 2		Netball Club Year 5 & 6 Miss Hall & Mrs. Chesters		Basketball Year 4, 5 & 6 Mr. Thomas		Girls Football Year 5 & 6 Mrs. Campbell & Miss Karim	Football Year 1, 2 & 3 Mr. Seale	Summer Sports Year 5 & 6
Summer 1						Girls Football Year 5 & 6 Mrs. Campbell & Miss Karim	Cricket/Football Year 4, 5 & 6 Mr. Seale	Summer Sports & Team Games Year 1 & 2
Summer 2							Cricket/Football Year 4, 5 & 6 Mr. Seale	Summer Sports Year 3 & 4

All clubs will start at 3:30pm and finish at 4:25pm. Spaces are limited dependent on the session. Children must commit to attend all of the sessions. A text will be sent out in advance to sign up for clubs.

Highlighted units are coach led sessions

P.E. Timetable @ St. John's

<u>Autumn 1 - Term</u>	<u>Tuesday (Lesson 1)</u>	<u>Thursday (Lesson 2)</u>
9:15am - 10:00am	Year 1	Year 3
10:00am - 10:45am	Year 6	Year 4
10:45am - 11:30am	Year 2	Year 5
1:00pm - 1:45pm	Year 4	Year 1 (1:00pm - 2:00pm)
1:45pm - 2:30pm	Year 3	Year 2 (2:15pm - 3:15pm)
2:30pm - 3:15pm	Year 5	Year 6

Gymnastic Sessions - Thursdays

1:00pm - 2:00 pm

2:15pm - 3:15pm

Highlighted units are coach led sessions

P.E. Timetable @ St. John's

<u>Autumn 2 - Term</u>	<u>Tuesday (Lesson 1)</u>	<u>Thursday (Lesson 2)</u>
9:15am - 10:00am	Year 1	Year 2
10:00am - 10:45am	Year 3	Year 6
10:45am - 11:30am	Year 4	Year 5
1:00pm - 1:45pm	Year 2	Year 3 (1:00pm - 2:00pm)
1:45pm - 2:30pm	Year 6	Year 4 (2:15pm - 3:15pm)
2:30pm - 3:15pm	Year 5	Year 1

Gymnastic Sessions - Thursdays

1:00pm - 2:00 pm

2:15pm - 3:15pm

Highlighted units are coach led sessions

P.E. Timetable @ St. John's

<u>Spring 1 - Term</u>	<u>Tuesday (Lesson 1)</u>	<u>Thursday (Lesson 2)</u>
9:15am - 10:00am	Year 1	Year 3
10:00am - 10:45am	Year 6	Year 4
10:45am - 11:30am	Year 2	Year 5
1:00pm - 1:45pm	Year 4	Year 1
1:45pm - 2:30pm	Year 3	Reception (1:00pm-2:00pm) Year 6 (2:15pm - 3:15pm)
2:30pm - 3:15pm	Year 5	Year 2

Gymnastic Sessions - Thursdays

1:00pm - 2:00 pm

2:15pm - 3:15pm

Highlighted units are coach led sessions

P.E. Timetable @ St. John's

<u>Spring 2 - Term</u>	<u>Tuesday (Lesson 1)</u>	<u>Thursday (Lesson 2)</u>
9:15am - 10:00am	Year 1	Year 3
10:00am - 10:45am	Year 6	Year 4
10:45am - 11:30am	Year 2	Year 5
1:00pm - 1:45pm	Year 4	Year 1 (1:00pm - 2:00pm)
1:45pm - 2:30pm	Year 3	Year 2 (2:15pm - 3:15pm)
2:30pm - 3:15pm	Year 5	Year 6

Dance Sessions - Thursdays

1:00pm - 2:00 pm

2:15pm - 3:15pm

Highlighted units are coach led sessions

P.E. Timetable @ St. John's

<u>Summer 1 - Term</u>	<u>Tuesday (Lesson 1)</u>	<u>Thursday (Lesson 2)</u>
9:15am - 10:00am	Year 1	Year 2
10:00am - 10:45am	Year 3	Year 6
10:45am - 11:30am	Year 4	Year 5
1:00pm - 1:45pm	Year 2	Year 3 (1:00pm - 2:00pm)
1:45pm - 2:30pm	Year 6	Year 4 (2:15pm - 3:15pm)
2:30pm - 3:15pm	Year 5	Year 1

Dance Sessions - Thursdays

1:00pm - 2:00 pm

2:15pm - 3:15pm

Highlighted units are coach led sessions

P.E. Timetable @ St. John's

<u>Summer 2 - Term</u>	<u>Tuesday (Lesson 1)</u>	<u>Thursday (Lesson 2)</u>
9:15am - 10:00am	Year 1	Year 3
10:00am - 10:45am	Year 6	Year 4
10:45am - 11:30am	Year 2	Year 1
1:00pm - 1:45pm	Year 4	Year 5 (1:00pm - 2:00pm)
1:45pm - 2:30pm	Year 3	Year 6 (2:15pm - 3:15pm)
2:30pm - 3:15pm	Year 5	Year 2

Dance Sessions - Thursdays

1:00pm - 2:00 pm

2:15pm - 3:15pm

Highlighted units are coach led sessions