



St. Johns PE Overview 2023/24 - EdStart Sports Coaching



Autumn 1		Autumn 2	
<u>EdStart Lesson 1</u>	<u>EdStart Lesson 2</u>	<u>EdStart Lesson 1</u>	<u>EdStart Lesson 2</u>
Year 1 - Dance Year 2 - Dance Year 3 - Dance Year 4 - Dance Year 5 - Dance Year 6 - Dance	Year 1 - Physical literacy Year 2 - Physical literacy Year 3 - Invasion Games Year 4 - Invasion Games Year 5 - Basketball Year 6 - Basketball	Year 1 - Health related exercise Year 2 - Health related exercise Year 3 - Health related exercise Year 4 - Health related exercise Year 5 - Health related exercise Year 6 - Health related exercise	Year 1 - Gymnastics Year 2 - Gymnastics Year 3 - Gymnastics Year 4 - Gymnastics Year 5 - Gymnastics Year 6 - Gymnastics
Spring 1		Spring 2	
<u>EdStart Lesson 1</u>	<u>EdStart Lesson 2</u>	<u>EdStart Lesson 1</u>	<u>EdStart Lesson 2</u>
Year 1 - Dance Year 2 - Dance Year 3 - Dance Year 4 - Dance Year 5 - Dance Year 6 - Dance	Year 1 - Physical Literacy Year 2 - Physical Literacy Year 3 - Netball Year 4 - Netball Year 5 - Football Year 6 - Football	Year 1 - ABC's Year 2 - ABC's Year 3 - Net & Wall Games Year 4 - Net & Wall Games Year 5 - Tennis Year 6 - Tennis	Year 1 - Gymnastics Year 2 - Gymnastics Year 3 - Gymnastics Year 4 - Gymnastics Year 5 - Gymnastics Year 6 - Gymnastics
Summer 1		Summer 2	
<u>EdStart Lesson 1</u>	<u>EdStart Lesson 2</u>	<u>EdStart Lesson 1</u>	<u>EdStart Lesson 2</u>
Year 1 - Intro to sports Year 2 - Intro to sports Year 3 - Striking & Fielding Year 4 - Striking & Fielding Year 5 - Cricket Year 6 - Cricket	Year 1 - Ball Games Year 2 - Ball Games Year 3 - Football Year 4 - Football Year 5 - Netball Year 6 - Netball	Year 1 - JagTag Year 2 - JagTag Year 3 - JagTag Year 4 - JagTag Year 5 - JagTag Year 6 - JagTag	Year 1 - Athletics Year 2 - Athletics Year 3 - Athletics Year 4 - Athletics Year 5 - Athletics Year 6 - Athletics