



Dear Parents/ Carers,

Want to help your child be mentally prepared for their SATs?

We just wanted to get in touch and let you know there is new content on the My Happy Mind app aimed at children who are preparing for their SATs. It's called 'Be Your Best'. It includes short videos to watch in the run up and on the day of the tests.

We will be using this in school but it is also available on the Parent App too so you can watch it with your child at home.

We really hope you and your children find this new course helpful when supporting them through the SATs period.

If you have not yet signed up for the myHappyMind parent resource yet, then head to <https://myhappymind.org/parent-resources> and enter your name, email, and authentication code to create your account.

Your authentication code is 145560

Many thanks
Mrs Campbell
Pastoral Lead