Phonics in Reception: A Parent's Guide



What is Phonics?

Teaching children to read and write by linking sounds (phonemes) to letters (graphemes).



Pure Sounds

Saying sounds correctly is vital!
Examples: 'm' (mmm), 's' (sss), 't' (t).
Avoid adding 'uh' at the end.



Core Vocabulary

Phoneme: Smallest unit of sound.
Grapheme: Written representation of a sound.
Digraph: Two letters making one sound (e.g., ligh-t)
Trigraph: Three letters making one sound (e.g., ligh-t)



Blending & Segmenting

Blending: Merging sounds to read (c-a-t -> cat).
Segmenting: Breaking words apart to spell (cat -> c-a-t).



Help at Home



Read daily with your child.
Play 'I Spy' using sounds.
Practice identifying initial sounds in objects.